



CLINICAL PSG WORKSHOP

WHEN

25 - 27 April, 2017

WHERE

Harly Street Medical Center, Abu Dhabi, United Arab Emirates

OBJECTIVES

- To be familiar with the common adult sleep disorders
- To be familiar with the methodology of applying sensors in PSG
- To be familiar with the characteristic waveforms of sleep stages and the related AASM guidelines for scoring sleep stages & arousals in adult
- To be familiar with the recommended & alternative sensors and setup for PSG
- To be familiar with the updated AASM Guidelines for Scoring Respiratory Events
- To be familiar with the guidelines & indications of running MSLT
- To be able to recognize Sleep related events and score them according to the AASM guidelines on full demo traces.

INTENDED AUDIENCE

Doctors, Sleep Technologists/technicians, and Distribution Partners who are interested in Sleep Medicine

SPEAKERS

Dr. Hady Jerdak, MD, Pulmonary & Sleep Specialist
Amr Obeidat, ABSM, RPSGT

Registration Fee: €200 per person

Deadline for registration: April 17th

Natus Neurology Training Academy

Clinical PSG Course April 25-27, 2017

Day 1:

1. Introduction to Sleep Medicine – Physiology 9:00 – 10:00 – Dr. Hadi
2. PSG Setup - Recommended and Alternative Sensors 10:00-11:00 – Amr
CoffeeBreak
3. Sleep Disorders I – 11:15-12:15 Dr. Hadi
4. Introduction to Sleep Stages – 12:15-13:00 Amr
Lunch Break
5. AASM Guidelines for scoring Sleep Stages and arousals in Adults 14:00-15:00 – Amr
6. Group Scoring for sleep Stages and Arousals – 15:00-16:00 Amr
7. Individual Scoring for Sleep Stages & Arousals – 16:00-17:00 Amr

Day 2:

1. Sleep Related Breathing Disorders in Adults – 9:00-10:00 Dr. Hadi
2. AASM Guidelines for Scoring Respiratory Events – Amr 10:00-10:45
Coffee Break
3. Group Scoring for Respiratory Events – 10:45-11:30 Amr
4. Individual Scoring for Respiratory Events – 11:30 – 12:15 Amr
5. AASM Guidelines for Scoring Motor Related Movements - 12:15-13:00 Amr
Lunch Break
6. Group Scoring for Motor Related Movements 14:00 – 14:45 – Amr
7. Individual Scoring for Motor Related Movements 14:45 – 15:15 – Amr
8. Hook-up and recording Session – HSMC Staff

Day 3:

1. Narcolepsy 9:00-10:00 - Dr. Hadi
3. Conducting MSLT/MWT 10:00 – 10:45 – Amr
Coffee Break
4. Sleep Disorders II 11:00 – 12:00 - Dr. Hadi
5. Artefacts Recognition & Correction 12:00 – 13:00 - Amr
Lunch Break
5. Methodology of Analysing Summary Graphs 14:00 – 15:15 - Amr
6. Individual Scoring for sleep related events 15:15 – 16:15 - Amr